



		Fresh Vegetable Side Dishes			
Vegetable Curry		Seasonal vegetables in light gravy		£3.95	
Mushroom Bhajee		Cooked with onion, tomato, capsicum and spices		£3.95	
Cauliflower Bhajee		Cooked with onion, tomato, capsicum and spices		£3.95	
Sag Bhajee		Spinach cooked in light spices with onions. Served dry		£3.95	
Bombay Potato		Roasted potato in light medium spices		£3.95	
Bhindi Bhajee		Fresh ladies fingers (Okra) cooked in mild spices		£3.95	
Sag Aloo		Spinach and potato cooked with onion, tomato, capsicum and spices		£3.95	
Tarka Dhal		Lentils cooked with spices served with fried onion and garlic		£3.95	
Brinjal Bhajee		Aubergines cooked with onion, tomato and spices and served dry		£3.95	
Chana Masala		Bengal chick peas cooked in selected spices		£3.95	
	Sylhet Sag	Spinach cooked with garlic, green chillies and spices		£3.95	
Sag Poneer		Spinach cooked in cream with Indian cheese and mixed light spices		£3.95	
Niramish		Dry mixed vegetables cooked with onion, tomato, capsicum and spices		£3.95	
Motor Poneer		Chick peas, green peas and cream cooked with Indian cheese		£3.95	
	Dall Masala	Lentils cooked in a medium hot curry sauce		£3.95	

Rice			
Boiled Rice		£2.80	Special Fried Rice
Plain rice			Basmati rice with peas and egg
Pilau Rice		£2.80	Coconut Rice
Basmati rice cooked fragranced with Tumeric			Basmati rice with desiccated coconuts
Mushroom Fried Rice		£3.25	Keema Rice
Basmati rice with mushrooms			Basmati rice cooked with minced lamb
Lemon Rice		£3.25	Garlic Rice
Basmati rice with lemon juice and zest			Basmati rice with garlic

		Sundries	
Nan		£2.80	 Special Nan
Indian flat white bread baked			A mixture of a keema, garlic, onion, coriander, chilli and cheese nan bread
Garlic Nan		£2.95	Cheese Nan
Nan Bread stuffed with cloves of garlic in the clay oven and buttered			Nan Bread stuffed with cheese
Peshwari Nan		£2.95	Richard Nan
Nan bread stuffed with coconut and sultanas			Created by our very own Richard Wells. Stuffed Nan with onion, cheese and garlic
Keema Nan		£2.95	Paratha
Nan bread stuffed with minced lamb			Pan fried Indian unleavened bread
Chapati		£1.95	Chips



Sunday Buffet £11.95





Opening Hours

Monday - Saturday
5.00pm to 10.00pm

Sunday
12noon to 9.00pm



Sunday Buffet
12pm - 5pm

£11.95

Sunday Night
Taster Menu

Unlimited tapas dishes
6pm to 8pm

£18.95



10% DISCOUNT
on all collection orders over £15

FREE HOME DELIVERY
Within 2 miles, £1 a mile thereafter

Hall Street, Long Melford, Sudbury, Suffolk CO10 9JT

Tel: (01787) 311518 or 310079





The Melford Valley

01787 311518

BEST OF BOTH WORLDS
CHRISTMAS DAY MENU

Best of both worlds means you can have Indian Xmas dinner (Carvery and Buffet), Traditional English Fayre (Carvery) or both, all for one set price.

3 COURSES £29.95

If booked before 1st December.
Thereafter £39.95 per head (Children under 10 half price)

Starter

Lobster, Crab & Salmon Fishcakes
Baby Mixed Grill
Vegetarian Platter

Main Course - Carvery

Leg of Lamb (Fresh & British)
Roast Turkey (Norfolk Black Turkey) with Seasonal Trimmings
Including Roast Potatoes, Carrots, Parnsnips, Sprouts & Gravy
Tandoori Chicken (Suffolk Free Range)
Traditional Indian Buffet

Dessert

A selection of Gran's home made authentic Indian dessert platter
Christmas pudding & brandy butter

BOXING DAY BUFFET
£19.95 per person (12pm - 9pm)

A choice of over 50 dishes



Onion Bhajee

Thinly sliced onions with fresh herbs mixed with chana flour and deep fried

£3.50

Samosa

Triangular shaped savouries filled with spiced minced lamb or mixed vegetables

£3.95

Chatt

Cubes of chicken or potato cooked with capsicum and tomatoes, mixed with a special chatt masala and served with a puree

£4.50

Chicken Tikka

Highly flavoured tender chicken marinated in mild spices and barbecued in the clay oven

£4.50

Lamb Tikka

Highly flavoured tender lamb cubes marinated in mild spices and barbecued in the clay oven

£4.95

Sheek Kebab

Grilled ground fillet of lamb in a light spice and barbecued in the clay oven

£4.95

Mixed Kebab

A mixture of chicken tikka, lamb tikka and sheek kebab

£5.95

King Prawn Puree

Persian spicy King prawn dish, served with unleavened bread

£6.50

King Prawn Butterfly

Delicately spiced King prawn fried in purified butter

£6.50

Chicken Pakora

Strips of chicken delicately spiced and fried in purified butter

£5.95

Chicken Momo

With coriander, turmeric and tomato puree, wrapped in puree and garnished with light spiced tomato sauce

£4.95

Lamb Momo

With coriander, turmeric and tomato puree, wrapped in puree and garnished with light spiced tomato sauce

£5.50

Tandoori Specialities

Traditionally made of clay, our Tandoor has been purpose built for dishes that are marinated in a special mix of herbs and spices and barbecued over charcoal. Fresh and 100% **British Meat**

Tandoori Chicken

£7.95

Tandoori Fish

£9.95

Chicken Tikka

£7.95

Lamb Tikka

£9.95

Chicken Shaslick

£9.95

Lamb Shaslick

£10.95

Tandoori Mixed Grill

£10.95

Tandoori Lamb Chops

£17.95

Biriany Dishes

Mixed with saffron rice. Served with vegetable curry

Chicken Tikka

£10.95

Lamb Tikka

£11.95

Prawn

£11.95

King Prawn

£14.95

Tetley Special (Chicken, Lamb and Prawns)

£11.95

Vegetarian (Fresh Veg)

£9.95

Curry

Medium cooked with capsicum and tomatoes

£7.95

Madras

Hot with spices, capsicum and tomatoes

£7.95

Vindaloo

Hot with Potato, spices and herbs

£7.95

Korma

Cooked in fresh cream and coconut

£7.95

Bhuna

Medium cooked in a thick fresh sauce served with green herbs

£7.95

Dupiaza

Cooked in a thick fresh sauce with chunks of onions and capsicum

£7.95

Rogan Josh

Rich tomato curry base with garlic, ginger and coriander. Garnished with slices of pan fried tomatoes in white wine vinegar and tumeric

£7.95

Dansak

Persian dish cooked hot, sweet and sour with lentils. Can be cooked mild or medium by request.

£7.95

Pathia

A sweet and sour sauce of onions and tomatoes. Can be cooked mild or medium by request.

£7.95

Jalfrezi

Fairly hot dish barbecued with chopped onions, tomato, capsicum and green chilli. Curried with rich spices

£8.95

Chilli Masala

Fairly hot with chopped green chillies

£8.95

Tikka Masala

Roasted on skewers in a clay oven and then cooked in a special yoghurt sauce with fresh cream and coconut

£8.95

Pasanda

A favourite dish of Queen Victoria. Marinated in herbs and spices, then slowly simmered in a rich cream sauce

£8.95

Naga

Cooked with the finest exotic chilli with a great authentic taste

£8.95

Butter Chicken

Chicken marinated in mild spices, barbecued in a clay oven. Cooked with coconut and butter in a specially prepared delicately flavoured sauce

£8.95

Balti Specialities

Our Master Chef will prepare and present the best Indian Balti cuisine. All Balti dishes are cooked with special spices and sizzling with tomato and coriander. The dish is prepared mild, medium or hot to suit you. Served with a plain nan bread.

Chicken Tikka

£9.95

Lamb Tikka

£11.95

Prawn

£12.95

King Prawn or Tandoori King Prawn

£14.95

Vegetarian (Fresh Veg)

£10.95

Tetley Balti (Chicken, Lamb and Prawns)

£12.95

Contemporary Cuisine

Bengal Chicken Masala
Charcoal grilled chicken with special spices, cooked with fresh yoghurt, garlic, cheese, capsicum and tomato

£9.95

Haryali Masala

Breast of chicken marinated in spinach, mint and coriander puree
Charcoal grilled in a rich creamy sauce

£9.95

Chicken or Lamb Tawa

Chicken or lamb strips marinated in yoghurt, fenugreek and lemon juice.
Cooked in a special sauce made with spices, garam masala, garlic and tamarind.
Served medium or hot.

£9.95 / £10.95

Melford Valley Special Masala

Diced chicken grilled with our chefs special spices, cooked in a spicy creamed sauce

£9.95

Lamb Xacuti

A very popular Goan dish, roasted with spices, tamarind, garlic and ginger

£10.95

Goat Curry

Diced goat meat curried in rich spices with ginger, garlic, black pepper, capsicum, tomatoes and shallots

£10.95

Nawabi Chicken

Our signature special cooked in a tamarind sauce with ginger, mango, capsicum and onions

£9.95

Chingri Jhol

Whole king prawns delicately spiced with turmeric and paprika
Handi cooked with garlic, ginger and tomato

£14.95

Goan Chicken Masala

Tender spring chicken breast cooked with coriander, garlic and green chilli sauce made with yoghurt and garnished with fresh ginger

£9.95

Chicken or Lamb Jalmasala

Tender strips of chicken or lamb marinated in our specially prepared yoghurt sauce, pan fried with onions, green chillies and capsicum. Served dry

£9.95 / £10.95

King Prawn Rajastani

King prawn cooked with minced lamb in a lightly spiced medium sauce with garlic, onions and coriander

£14.95

Tawa Jingha

Grilled tiger prawns tossed in the tawa pan with asparagus and spring onion

£14.95

Golapi Chicken

Sweet and chilli chicken morsels cooked with yoghurt, vinegar garlic and ginger

£9.95

Everest Chicken

Cubes of chicken breast baked in the clay oven with black pepper, Himalayan black salt, fenugreek, garlic and ginger, cooked with yoghurt, butter and fresh cream

£9.95

Poppadoms

Plain 80p - Spicy 80p - Chutney 80p per pot

Why not try our delicious 100 dish taster menu for £18.95 on a Sunday

Boxing Day Buffet £19.95

Tel: (01787) 311518 or 310079

Order online at [www.melfordvalley.com](#)

Free Home Delivery - 10% Discount on Collection Orders over £15